

## **RECIPE FOR 3 DESSERTS**



## AZTEQUE

Bruno Montcoudiol - Un des Meilleurs Ouvriers de France Pâtissier - Champion du Monde de Pâtisserie



## **Green icing** Lime and coriander diplomate Almond and lime dacquoise Milk chocolate crémeux Milk chocolate biscuit



## **G**REEN ICING Milk 200 g Glucose syrup 150 g Starch 24 g Water 60 g Gelatine 200B ...... 10 g Lime natural flavour .......QS Titanium dioxyde 5 g Green mint colouring...... QS Hydrate the gelatine. Mix the half of the sugar with the starch.

Heat the milk with the other half of sugar.
Add the cream and glucose syrup, heat at 35°C.
Fold in the sugar and starch mixture, bring to the boil.
Add the gelatine hydrated, the flavour, and the colourings.
Blend

LIME - CORIANDER DIPLOMATE	
Milk	300 g
Lime zests	5 g
Egg yolks	60 g
Sugar	60 g
Starch	30 g
Water	24 g
Gelatine 200B	4 g
Coriander essential oil (1%)	QS
Lime natural flavour	QS
Whipped cream	300 g
Stabilizer for whipped cream	3 g
Hydrate the gelatine.	
Heat the milk with the lime zests.	
Whip egg yolks, sugar and starch together.	
Pour the milk over the mixture egg yolks, sugar and starc	n.
Bring to the boil during 2 minutes.	

Add the gelatine hydrated and flavours.

Fold in gently the whipped cream with the stabilizer

ALMOND AND LIME DACQUOISE		
Egg whites	80 g	
Sugar	65 g	
Ground almonds	65 g	
Icing sugar	40 g	
Flour T55	20 g	
Lime zests	5 g	
Sieve ground almonds, icing sugar, zests and flour together.		
Whisk egg whites with sugar.		
Pour the powders over the egg whites.		
Fill a meringue piping bag and set up in the form of a disk ( $\emptyset$ =		
14cm). Bake at 170°C during 12 minutes.		

MILK CHOCOLATE CREMEUX	
Milk	100 g
Cream	100 g
Egg yolks	60 g
Sugar	30 g
Milk chocolate 33%	230 g
Heat the milk and the cream.	

Whip egg yolks and sugar together.

Pour the liquids over the mixture egg yolks and sugar.

Bake at 85°C. Pour the custard over the milk chocolate partially melted and mix to create an emulsion.

Mix and pour into circle.

MILK CHOCOLATE BISCUIT	
Milk chocolate 40%	. 150 g
Butter	. 150 g
Eggs	. 150 g
Sugar	. 90 g
Inverted sugar	. 25 g
Flour	. 35 g
Starch	. 35 g
Salt	. 2 g
Lime zests	. 10 g
Chopped milk chocolate	. 100 g
Lime natural flavour	. QS
Lime essential oil	. QS

Melt the milk chocolate at 40°C.

Add the softened butter, the eggs, the sugars and the salt.

Add the flour, the starch, the flavours and the zests.

Pour into circle.

Add the chopped milk chocolate.

Bake at 150°C during 20-25 minutes.